

Dance Study Guide

There are 4 couples per square.

Couple 1 has their back to the music.

Couple 2 is counter clockwise to couple 1.

Couple 3 is facing the music.

Couple 4 is counter clockwise to couple 3.

Home position is the spot in the square in which you start.

Do sa so is right shoulder, back to back, left shoulders.

Allemande left is done with your corner.

Pass through is when couples move through the center of the square.

Lindy Study Guide

It takes 6 counts to complete an open, closed or grapevine.

It takes 12 counts to complete the wrap or spins.

The girls spin under the boys left arm.

On the wrap, the girls left arm stays at her waist.

The boys turn is done on the second part of the girls spin, count 8 of 12.

The boys spin takes 12 counts.

Eclipse Ball Study Guide.

All serves must be done underhand.

You can't set yourself up for a serve.

The ball can bounce between hits.

It can bounce 3 times out of bounds.

All lines are in.

You can't spike a serve.

If you play a ball hit out of bounds, you can "play it" to increase the point value.